

21 DAYS PRAYER WITH MOTHER MARY UNDOER OF KNOTS

COMPILED BY

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Prayer Journey With Mary Undoer of Knots Day 1

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want

4. Prayer Meditation of the First Day.

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today this knot:

[Mention your request here]

and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to You and Your Son Jesus, my Savior. I run to You, Mary, Undoer of Knots, because I trust you and I know that you never despise a sinning child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that You will do this because you love me with eternal love. Thank you, Dear Mother.

Mary, Undoer of Knots, pray for me.

5. Say the psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request

here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 2

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Second Day.

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. Many times I lose the graces you grant me because of my sins of egoism, pride, rancor, and my lack of generosity and humility. I turn to You today, Mary, Undoer of Knots, for You to ask your Son Jesus to grant me a pure, divested, humble, and trusting heart. I will live today practicing these virtues and offering you this as a sign of my love for You. I entrust into Your hands this knot:

[Mention your request here]

which keeps me from reflecting the glory of God. Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with

Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 3

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Third Day.

Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life:

[Mention your request here]

and all the rancor and resentment it has caused in me. I ask Your forgiveness, God the Father, for my sin. Help me now to forgive all the persons who consciously or unconsciously provoked this knot. Give me, also, the grace to forgive me for having provoked this knot. Only in this way can You undo it. Before You, dearest Mother, and in the name of Your Son Jesus, my Savior, who has suffered so many offenses, having been granted forgiveness, I now forgive these persons:

[Mention their names here]

and myself, forever. Thank you, Mary, Undoer of Knots for undoing the knot of rancor in my heart and the knot which I now present to you. Amen.

Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is

no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 4

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Fourth Day.

Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot which robs the peace of my heart, paralyzes my soul and keeps me from going to my Lord and serving Him with my life. Undo this knot in my ability to love:

[Mention your request here],

O Mother, and ask Jesus to heal my paralytic faith, which gets downhearted with the stones on the road. Along with you, dearest Mother, may I see these stones as friends. Not murmuring against them any more but giving endless thanks for them, may I smile trustingly in your power. Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of

my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 5

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Fifth Day.

Mother, Undoer of Knots, generous and compassionate, I come to You today to once again entrust this knot:

[Mention your request here]

in my life to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, this snarl of problems. No one ever saw you angry; to the contrary, your words were so charged with sweetness that the Holy Spirit was manifested on your lips. Take away from me the bitterness, anger, and hatred which this knot has caused me. Give me, O dearest Mother, some of the sweetness and wisdom that is all silently reflected in your heart. And just as you were present at Pentecost, ask Jesus to send me a new presence of the Holy Spirit at this moment in my life. Holy Spirit, come upon me!

Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with

Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

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Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 6

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Sixth Day.

Queen of Mercy, I entrust to you this knot in my life:

[Mention your request here]

and I ask you to give me a heart that is patient until you undo it. Teach me to persevere in the living word of Jesus, in the Eucharist, in the Sacrament of Confession; stay with me and prepare my heart to celebrate with the angels the grace that will be granted to me. Amen! Alleluia!
Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of

my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 7

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Seventh Day.

Mother Most Pure, I come to You today to beg you to undo this knot in my life: [Mention your request here]

and free me from the snares of evil. God has granted you great power over all the demons. I renounce all of them today, every connection I have had with them, and I proclaim Jesus as my one and only Lord and Savior. Mary, Undoer of Knots, crush the Evil One's head and destroy the traps he has set for me by this knot. Thank you, dearest Mother. Most Precious Blood of Jesus, free me!

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with

Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 8

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Eight Day.

Virgin Mother of God, overflowing with mercy, have mercy on your child and undo this knot:

[Mention your request here]

in my life. I need your visit to my life, like you visited Elizabeth. Bring me Jesus, bring me the Holy Spirit. Teach me to practice the virtues of courage, joyfulness, humility, and faith, and, like Elizabeth, to be filled with the Holy Spirit. Make me joy- fully rest on your bosom, Mary. I conse-
crate you as my mother, queen, and friend. I give you my heart and everything I have— my
home and family, my material and spiritual goods. I am yours forever. Put your heart in me so
that I can do eve- rything Jesus tells me.

Mary, Undoer of Knots, pray for me

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is

no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 9

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Ninth Day.

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undo- ing this knot in my life:

[Mention your request here]

You know very well the suffering it has caused me. Thank you for coming, Moth- er, with your mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, I thank you for un- doing the knots in my life. Wrap me in your mantle of love, keep me under your pro- tection, enlighten me with your peace! Amen.

Mary, Undoer of Knots, pray for me

.

5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is

no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 10

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Tenth Day.

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today this knot:

[Mention your request here]

and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to You and Your Son Jesus, my Savior. I run to You, Mary, Undoer of Knots, because I trust you and I know that you never despise a sinning child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that You will do this because you love me with eternal love. Thank you, Dear Mother.

Mary, Undoer of Knots, pray for me.

5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by

the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 11

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Eleventh Day.

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. Many times I lose the graces you grant me because of my sins of ego-ism, pride, rancor, and my lack of generosity and humility. I turn to You today, Mary, Undoer of Knots, for You to ask your Son Jesus to grant me a pure, divested, humble, and trusting heart. I will live today practicing these virtues and offering you this as a sign of my love for You. I entrust into Your hands this knot:

[Mention your request here]

which keeps me from reflecting the glory of God.

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am,

my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 12

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Twelfth Day.

Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life:

[Mention your request here]

and all the rancor and resentment it has caused in me. I ask Your forgiveness, God the Father, for my sin. Help me now to forgive all the persons who consciously or unconsciously provoked this knot. Give me, also, the grace to forgive me for having provoked this knot. Only in this way can You undo it. Before You, dearest Mother, and in the name of Your Son Jesus, my Savior, who has suffered so many offenses, having been granted forgiveness, I now forgive these persons:

[Mention their names here]

and myself, forever. Thank you, Mary, Undoer of Knots for undoing the knot of rancor in my heart and the knot which I now present to you. Amen.

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes

upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 13

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Thirteenth Day.

Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot which robs the peace of my heart, paralyzes my soul and keeps me from going to my Lord and serving Him with my life. Undo this knot in my ability to love:

[Mention your request here],

O Mother, and ask Jesus to heal my paralytic faith, which gets downhearted with the stones on the road. Along with you, dearest Mother, may I see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may I smile trustingly in your power. Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one,

not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 14

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Fourteenth Day.

Mother, Undoer of Knots, generous and compassionate, I come to You today to once again entrust this knot:

[Mention your request here]

in my life to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, this snarl of problems. No one ever saw you angry; to the contrary, your words were so charged with sweetness that the Holy Spirit was manifested on your lips. Take away from me the bitterness, anger, and hatred which this knot has caused me. Give me, O dearest Mother, some of the sweetness and wisdom that is silently reflected in your heart. And just as you were present at Pentecost, ask Jesus to send me a new presence of the Holy Spirit at this moment in my life. Holy Spirit, come upon me!

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one,

not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 15

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Fifteenth Day.

Queen of Mercy, I entrust to you this knot in my life:

[Mention your request here]

and I ask you to give me a heart that is patient until you undo it. Teach me to persevere in the living word of Jesus, in the Eucharist, in the Sacrament of Confession; stay with me and prepare my heart to celebrate with the angels the grace that will be granted to me. Amen! Alleluia!
Mary, Undoer of Knots, pray for me..

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5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of

my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 16

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Sixteenth Day.

Mother Most Pure, I come to You today to beg you to undo this knot in my life: [Mention your request here]

and free me from the snares of evil. God has granted you great power over all the demons. I renounce all of them today, every connection I have had with them. and I proclaim Jesus as my one and only Lord and Savior. Mary, Undoer of Knots, crush the Evil One's head and destroy the traps he has set for me by this knot. Thank you, dearest Mother. Most Precious Blood of Jesus, free me!

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with

Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 17

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Seventeenth Day.

Virgin Mother of God, overflowing with mercy, have mercy on your child and undo this knot:

[Mention your request here]

in my life. I need your visit to my life, like you visited Elizabeth. Bring me Jesus, bring me the Holy Spirit. Teach me to practice the virtues of courage, joyfulness, humility, and faith, and, like Elizabeth, to be filled with the Holy Spirit. Make me joy- fully rest on your bosom, Mary. I conse-
crate you as my mother, queen, and friend. I give you my heart and everything I have— my
home and family, my material and spiritual goods. I am yours forever. Put your heart in me so
that I can do eve- rything Jesus tells me.

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is

no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God
End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 18

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Eighteenth Day.

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undoing this knot in my life:

[Mention your request here]

You know very well the suffering it has caused me. Thank you for coming, Mother, with your mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, I thank you for undoing the knots in my life. Wrap me in your mantle of love, keep me under your protection, enlighten me with your peace! Amen.

Mary, Undoer of Knots, pray for me

.

5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing

of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots.

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 19

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the Nineteenth Day.

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today this knot:

[Mention your request here]

and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to You and Your Son Jesus, my Savior. I run to You, Mary, Undoer of Knots, because I trust you and I know that you never despise a sinning child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that You will do this because you love me with eternal love. Thank you, Dear Mother.

Mary, Undoer of Knots, pray for me

.

5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes

upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots.

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross

Prayer Journey With Mary Undoer of Knots Day 20

1.Begin with the Sign of the Cross.

2.Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3.Decades of the Rosary as long as You want.

4.Prayer Meditation of the twentieth Day.

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. Many times I lose the graces you grant me because of my sins of ego-ism, pride, rancor, and my lack of gener-osity and humility. I turn to You today, Mary, Undoer of Knots, for You to ask your Son Jesus to grant me a pure, di-vested, humble, and trusting heart. I will live today practicing these virtues and offering you this as a sign of my love for You. I entrust into Your hands this knot:[Mention your request here] which keeps me from reflecting the glory of God.

Mary, Undoer of Knots, pray for me

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5. Say the Psalms 51, 86, 127, 100.

6.Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am,

my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

Pope Francis' Prayer to Mary Undoer of Knots.

Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.

Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.

Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross.

Prayer Journey With Mary Undoer of Knots Day 21

1. Begin with the Sign of the Cross.

2. Act of Contrition.

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

3. Decades of the Rosary as long as You want.

4. Prayer Meditation of the Twenty-First Day.

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undoing this knot in my life:

[Mention your request here]

You know very well the suffering it has caused me. Thank you for coming, Mother, with your mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, I thank you for undoing the knots in my life. Wrap me in your mantle of love, keep me under your protection, enlighten me with your peace! Amen.

Mary, Undoer of Knots, pray for me.

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5. Say the Psalms 51, 86, 127, 100.

6. Prayer to Mary, Undoer of Knots.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one,

not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains. Hear my plea. Keep me, guide me, protect me, o safe refuge! Mary, Undoer of Knots, pray for me.

You can add that of Pope Francis.

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Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.

Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters. Amen.

7. Read the Breakfast with the Word

8. Meditate on it and sing praises to God

End with the Sign of the Cross.

Note: Use this day and do any charitable work or corporal works of mercy. Or Find someone in need and be of good help to the person. After it, say the Hail Holy Queen and use it to end your novena.

God bless you for a successful journey