

31 DAYS OCTOBER DEVOTION

(This booklet is organized and compiled by Rev. Fr. Sanctus Mario Okey, for and on behalf of Home of Victory, for the 31 days October Devotion)

Since the 16th century Catholic piety has assigned entire months to special devotions. Pope Leo XIII personally started the practice of devoting October to the Rosary devotion. In a letter of September 1, 1883, mindful of the Rosary's power to strengthen faith and foster a life of virtue, he outlined the triumphs of the Rosary in past times and admonished the faithful to dedicate the month of October to the Blessed Virgin through the daily recitation of her Rosary in the presence of the Blessed Sacrament, in order to obtain through her intercession the grace that God would console and defend His Church in her sufferings.

*Pope Leo XIII in his 1889 encyclical, [Quamquam pluries](#) composed a prayer to Saint Joseph, —spouse of the Virgin Mary, foster father of Jesus, and patron saint of the universal Church. He asked that the prayer be added to the end of the rosary, especially during the month of October, which is dedicated to the Rosary. This devotion is enriched with a partial indulgence (*Handbook of Indulgences, conc. 19*), this prayer may be said after the customary *Salve Regina* and concluding prayer, and may also be used to conclude other Marian devotions.*

Prayer for the 31 Days October Devotion

October Devotion Day 1

Sign of the Cross.

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. Say The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare.

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 1

(Pause for a while and behold Jesus appearing to you)

Then say

Jesus, do not leave me alone in my suffering. You know, Lord, how weak I am. I am an abyss of wretchedness, I am nothingness itself; So what will be so strange If You leave me alone and I fall? Please I come with tears over these afflictions (mention your intentions).

I am an infant, Lord, So I cannot get along by myself. However, beyond all abandonment I trust, And in spite of my own feeling I trust, And I am being completely transformed into trust, Often in spite of what I feel.

Do not lessen any of my sufferings, Only give me strength to bear them. Do with me as You please, Lord, Only give me the grace to be able to love You, In every event and circumstances.

Lord, do not lessen my cup of bitterness, Only give me strength That I may be able to drink it all.

6. *Say Psalm 51, 27, 91, 34.*

7. *Read the Breakfast with the Word*

8. *Visit the Blessed Sacrament, attend the Morning or Evening Benediction*

October Devotion Day 2

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

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To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

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Meditative Prayer for Day 2

pause for a while and then say

Lord, in every need let me come to You with humble trust saying, "Jesus, help me. Listen to my cry over these afflictions (*mention your intention*) " In all my doubts, perplexities, and temptations, Jesus, help me. In hours of loneliness, weariness, and trials, Jesus, help me. In the failure of my plans and hopes; in disappointments, troubles, and sorrows, Jesus, help me. When others fail me and Your grace alone can assist me, help me. When I throw myself on Your tender love as a father and savior, Jesus, help me. When my heart is cast down by failure at seeing no good come from my efforts, Jesus, help me. When I feel impatient and my cross irritates me, Jesus, help me. When I am ill and my head and hands cannot work and I am lonely, Jesus, help me. Always, always, in spite of weakness, falls, and shortcomings of every kind, Jesus, help me and never forsake me.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 3

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. Say The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

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Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 3 (pause for a while and say)

O Lord, my God you are my refuge and my strength. You are my ever-present help in times of trouble. When it seems like my world is crumbling around me and I am thrown around by the storms of my life, take away my fear. Listen to my cry over these afflictions (*Mention your intentions*).

When I am weak, you are my strength. When I am vulnerable, you are my refuge. When I cry for help, you will answer. Remind me Lord that you are always with me, you will never leave or forsake me. Through Jesus Christ, our Lord. Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 4

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 4

Lord Jesus Christ, you are the name above every other name. Your name is like a fortified tower in which I can find safety and security. When I am troubled, I can find peace in your name. When I feel weak, I can find strength in your name. When I feel overwhelmed, I can find rest in your name. When I feel surrounded by pressures on every side, I can find stability in your name. Your name is beautiful, Lord, help me to rely on you. Help me in these afflictions (mention your intention) Through Jesus Christ, our Lord. Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 5

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

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Amen.

4. Prayer to Saint Joseph

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As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

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O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

6. Meditative Prayer for Day 5

Creator God, your hand threw the stars into space and the same hand reaches down to me with a gentle touch. I don't have the strength to deal with the situation I am facing, please uphold me with your righteous right hand (mention your intentions).

I don't know what to do, please help me. You say that I do not need to be afraid or dismayed because you are my God and you are with me. Help me to know your presence in the midst of my circumstances and draw strength from you. Through Jesus Christ, our Lord. Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 6

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of

error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

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Meditative Prayer for Day 6

Heavenly Father, you are my strength and my song. You are worthy of all my praise, no matter what my circumstances are. When I look at Jesus' death and resurrection I see the greatest victory that has already been won on my behalf. I pray that I would find confidence in that victory and that I would live my life in the light of your love, in whatever may be happening around me. Help me, Father. Through Jesus Christ, our Lord and listen to my petitions (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 7

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

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Meditative Prayer for Day 7

Everlasting God, you never fail to help your people. Throughout history we see you acting in love towards your children. When they cry out to you, you hear and respond. When they fail and turn away from you, you do not turn your back on them. In this time of trouble, give me a steadfast mind and fill me with peace as I put my trust in you. With you, I will not crumble like a house built on sand but I will stand firm with my feet on you, the everlasting rock. Through Jesus Christ, our Lord. Amen. (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 8

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

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Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend

the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 8

Eternal Father, you know my past, present and future, nothing is unknown to you. When I worry about what is ahead of me, please calm my fears with the knowledge that you go before me. I will never be alone because you will always be with me. You have promised that you will not fail me or forsake me and you are faithful to keep all your promises. Take away my fear and replace it with faith in your unending love. Through Jesus Christ, our Lord. Amen. (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 9

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of

error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 9

Lord, my rock and redeemer, you know everything about me. You have rescued me from my sin, you have called me by name. I belong to you. As I pass through the storms of life, you are with me. You say that I will not be overwhelmed in the flood or consumed by the fire. You are my Savior in every part of my life. You give me everything I need. The breath I use to pray this prayer is a gift from you. Help me rely on you. Through Jesus Christ, our Lord. (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 10

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 10

Lord Jesus Christ, you are the prince of peace, you breathed on your disciples and gave them your peace. I ask that you would give me your peace in this time of trouble. When I feel anxious would you remind me that your word says I do not need to worry, but in everything I should pray to you. Your peace, which surpasses understanding, will guard my heart and mind. Please give me that peace at this time. Through Jesus Christ, our Lord. Amen. (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 11

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 11

Graciously loving Father, you hear the prayers of your people. Please turn your ear to my cry for help. As I seek you, would you answer and deliver me from all my fears. The fears that threaten to overwhelm me don't stand a chance in the light of your loving power. When I feel out of control, remind me that you are in control. You make all things work together for my good even when I don't understand how that could be possible. Increase my faith in you. Through Jesus Christ, our Lord. Amen.. (mention your intentions). Amen..

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 12

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 12

God of all peace, you are the source of all hope in life. My circumstances are far from peaceful at this time Lord but your peace is not the peace that the world offers. Your peace can transcend the situation I find myself in. My heart is troubled Lord, you said you can take away my fear. Give me your peace and let it transform my mind, my heart and my actions. I can't see a way out, but you can make a way. Through Jesus Christ, our Lord. Amen. (mention your intentions).

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 13

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (Mention your intentions) . So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 13

Dear God, some days feel too hard. I'm hurting, struggling, fighting fear and worry at every turn. But in the midst of it all, you haven't left me to fend for myself. Forgive me for doubting You are there. Forgive me for thinking you've forgotten. Forgive me for believing that I somehow know the better way. You are fully trustworthy. You are all-powerful. You are able. You are Lord over every situation no matter how difficult it may seem. You are Healer and will never waste the grief I carry today. Anything is possible with You. I pray not only for my own grief but also for those who grieve today. I ask for Your comfort to surround those who weep. I pray for the peace of Your presence to cover our minds and thoughts, as you remind us, the enemy can never steal us out of Your hands. Amen. (mention your intentions).

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 14

Sign of the cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (Mention your Intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 14

Dear Jesus, Divine Physician and Healer of the Sick, I turn to You in this time of illness. Dearest Comforter of the troubled, alleviate our worry and sorrow with Your gentle love and grant us the grace and strength to accept this burden. We place our worries in Your hands. We ask that You restore Your servant to health again. Above all, grant us the grace to acknowledge Your Will, even when we don't understand it. Amen. (mention your intentions).

Amen.

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 15

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 15

Lord, help me please. I'm struggling right now. I feel weak, tired, and worn out. I'm not sure what to do. Honestly, I don't even know all the right things to say. But I thank you that in the Bible you say that the Holy Spirit intercedes for me even when I don't have the words to describe what I need. God, I have faith that you hear my prayers and believe that you will answer them in ways I can't even imagine. You're going to do things that I never expected. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 16

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 16

God, please help me during this hard time. I am asking for you to meet me in this time of need. Lord, I ask that you would please strengthen me. Encourage me. Fill my life with your power.

Father, I put my faith in you, knowing that you hear my prayers and love to respond when I pray. In Jesus name, amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 17

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 17

Lord, I really need your peace right now. I ask that you would fill me with your Holy Spirit so that I experience your peace. Please fill my heart with the calm trust that only you provide.

Because you are a good Father, I know that you want me to have your peace. So I pray that you will give me rest. In Jesus name, amen.. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 18

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 18

Almighty God, Father of mercies and God of all comfort, come to my help and deliver me from this difficulty that besets me. I believe Lord, that all trials of life are under your care and that all things work for the good of those who love you. Take away from me fear, anxiety, and distress. Help me to face and endure my difficulty with faith, courage, and wisdom.

Grant that this trial may bring me closer to you for you are my rock and refuge, my comfort and hope, my delight and joy.

I trust in your love and compassion. Blessed is your name, Father, Son, and Holy Spirit, now and forever. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 19

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of

error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 19

You are our helper, Mighty One. and you are no respecter of persons. Help all your people be bought with the precious blood of Christ.

You are our fortress and defender. No one can snatch us from your hand. There is no other God like you. In you we trust.

Sanctify us through your truth. Your Word is the truth.

Preserve us and all your people from injury and deceit, from fear of the enemy, from the arrow that flies by day, and the trouble that walks in the darkness, and grant us eternal life in Christ, your Son, our Lord, and Savior. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 20

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 20

O Lord, extend your mercy over all your servants everywhere with the right hand of heavenly help, that they may seek you with their whole heart, and obtain what they rightly ask; through Jesus Christ our Lord. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 21

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 21

O Lord our God, you are great, eternal, and wonderful in glory. You keep your covenant and promises for those who love you with their whole heart.

You are the Life of all, the Help of those who flee to you, the Hope of those who cry to you. Cleanse us from our sins, secret and open, and from every thought displeasing to your goodness.

Cleanse our bodies and souls, our hearts and consciences, that with a pure heart and a clear soul, with perfect love and calm hope, we may venture confidently and fearlessly to pray to you; through Jesus Christ our Lord. Amen . (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 22

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 22

Dearest God and Lord, strengthen and uphold us in your pure, precious Word through Jesus Christ our Lord, and help us to show and live our thanks with our fruits of faith to your praise and thanks forever. Amen. . (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 23

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

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Amen.

4. Prayer to Saint Joseph

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As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

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Meditative Prayer for Day 23

O Lord, help us when we are tempted. Let nothing move us to distrust your care for us, or mislead us to use your gifts and forget you, their Giver.

May we never assume your protection when we forsake your paths and tempt you.

May we never, for the sake of any supposed gain or advancement, quench the testimony of your Spirit, or prove disloyal to your service.

Support us in all temptations so that when we have been tried, we may receive the crown of life, which you have prepared for them that love you. Amen. . (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 24

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord(mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 24

O God, the source of all health: So fill my heart with faith in your love, that with calm expectancy I may make room for your power to possess me, and gracefully accept your healing; through Jesus Christ our Lord. Amen.. . (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 25

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 25

Lord Jesus Christ, by your patience in suffering you hallowed earthly pain and gave us the example of obedience to your Father's will: Be near me in my time of weakness and pain; sustain me by your grace, that my strength and courage may not fail; heal me according to your will; and help me always to believe that what happens to me here is of little account if you hold me in eternal life, my Lord and my God. Amen.. . (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 26

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant

protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires.O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 26

As Jesus cried out on the cross, I cry out to you in pain, O God my Creator. Do not forsake me. Grant me relief from this suffering and preserve me in peace; through Jesus Christ my Savior, in the power of the Holy Spirit. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7.Read the Breakfast with the Word

8.Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 27

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 27

Jesus, our Redeemer, Good Shepherd of the sheep, you carry the lambs in your arms. I place myself in your loving care. Stop my pain, give me help and strength, and raise me up to a life of joy. Hear me, I pray, for your dear Name' sake. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 28

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to

walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I

never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 28

Gentle Jesus, stay beside me through this day [night]. Take away my pain. Keep me safe. Help me in my fear. Make my body strong again and my heart glad. Thank you for your love which always surrounds me. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 29

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my

prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus

Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

Meditative Prayer for Day 29

God of all comfort, our very present help in trouble, be near to me. Look on me with the eyes of your mercy; comfort me with a sense of your presence; preserve me from the enemy; and give me patience in my affliction. Restore me to health, and lead me to your eternal glory; through Jesus Christ our Lord. Amen. (mention your intentions).

6. Say Psalm 51, 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 30

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intentions). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 30

Christ, light of light, brightness indescribable, the Wisdom, power and glory of God, the Word made flesh: you overcame the forces of Satan, redeemed the world, then ascended again to the Father. Grant me, I pray, in this tarnished world, the shining of your splendor. Send your Archangel Michael to defend me, to guard my going out and coming in, and to bring me safely to your presence, where you reign in the one holy and undivided Trinity, to ages. Amen.. (mention your intentions).

6. Say Psalms 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

October Devotion Day 31

Sign of the Cross

1. Prayer for Forgiveness

Father, I have sinned against you, I have come to you this day, seeking to be a better person. Forgive me for all the sins I have committed against you. I am not worthy to be called your son (daughter). Be merciful to me, a sinner. I have come to be your own henceforth. Purify me.

Father of mercy, like the prodigal son, I return to you and say: "I have sinned against you, and am no longer worthy to be called your son (daughter)." Wash me entirely to be clean, let my prayers rise like incense to your altar. I pray like the repentant thief to whom you promised paradise: "Lord, remember me in your kingdom." Lord remember me, a sinner who has come to you seeking to be purified. I confess all my sins. Sanctify me. "Purify my heart, and help me to walk as a child of the light. O Mary conceived without original sin, pray for those who have recourse to thee. Saint Joseph, pray for us.

2. The Rosary and Litany of the Blessed Virgin Mary

3. The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

4. Prayer to Saint Joseph

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance, which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

5. Prayer to Saint Joseph In the time of Need

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. O St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord (mention your intention). So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

Meditative Prayer for Day 31

Lord Christ, you came into the world as one of us, and suffered as we do. As I go through the trials of life, help me to realize that you are with me at all times and in all things; that I have no

secrets from you; and that your loving grace enfolds me for eternity. In the security of your embrace I pray. Amen.. (mention your intentions).

In Thanksgiving

Thank you, Holy and Mighty One, for the many gifts of your love, even for the painful gift of fear which reminds me that only you are God. Into the mystery of your love I entrust myself. Dress me in the armor of your light and keep me safe; through Jesus Christ. Amen.

6. Say Psalms 27, 91, 34.

7. Read the Breakfast with the Word

8. Visit the Blessed Sacrament, attend the Morning or Evening Benediction

HAVE A FULFILLED AND FRUITFUL OCTOBER DEVOTION